

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cycling (II) 7:00-8:00am MARIECLARE		Cycling (II) 7:00-8:00am ALEX		
			Dancer's Body Pilates (I) 9:00-10:00am JACQUELYN		
Yoga 1-2 (I) 12:15-1:15pm CLAIRE	Yoga Flow (I) 12:15-1:15pm SHAYN	Cycle 45 (II) 12:15-1:00pm SAM	Yoga Flow (I) 12:15-1:15pm SHAYN	Cycle 45 (II) 12:15-1:00pm MOLLY	CORE Cycle Plus (II) 11:00am-12:15pm RICKI
Pi-Yo Fusion(I) 4:30-5:20pm ALEX	Kick N Sculpt (I) 4:30-5:20pm ESMERALDA	Pi-Yo Fusion (I) 4:30-5:20pm JOSIE	Turbokick® (I) 4:30-5:20pm ALEXIS	Pi-Yo Fusion (I) 1:00-2:00pm NIKOLETTE	
	Cycling (II) 4:30-5:20pm JEN		Cycling (II) 4:30-5:20pm LEIGH		
Ab-Solute CORE (I) 5:30-5:50pm ALEX	Ab-Solute CORE(I) 5:30-5:50pm JEN	Ab-Solute CORE(I) 5:30-5:50pm JOSIE	Ab-Solute CORE (I) 5:30-5:50pm ALEXIS	SANDO Yoga (I) 5:00-6:15pm SANDO	
Cycling (II) 6:00-7:00pm ALEX	Flex & Flow Yoga (I) 6:00-7:15pm KEITH	Cycling (II) 6:00-7:00pm JOSIE	Flex & Flow Yoga (I) 6:00-7:00pm LEIGH		
Tennis 101 7:00-8:00pm Tennis Courts	Cycling (II) 7:00-8:00pm JACK	Tennis 101 7:00-8:00pm Tennis Courts	Booika (I) 7:00-8:00pm TATY		
30/30 Burn (II) (Cycling & Strength) 7:00-8:00pm RICKI	Dancer's Body Pilates (I) 7:15-8:15pm JACQUELYN	Sculpt Express (I) 7:00-8:00pm KIM	30/30 Burn (II) (Cycling & Strength) 7:00-8:00pm RICKI		
		Yoga Flow (I) 8:00-9:00pm JOLIE			(I): STUDIO I (II): STUDIO II