

December 1, 2009
H1N1 Fall Semester

Update #4

Dear LMU Community,

The flu season is in full swing. Since the beginning of the fall semester, we have had 204 of identified cases of flu and flu like illness among our student community which meet the Center for Disease Control criteria. We continue to monitor the number of flu cases and severity in accordance with federal and local guidelines.

We are pleased to inform you that our October seasonal flu vaccine clinic was a success! Approximately 60% more members of the LMU community received vaccinations than in previous years.

Our H1N1 vaccine clinic will occur on December 8th in the Club Commons (Malone Student Center) and December 15th in the Living Room (Malone Student Center). The Student Health Center remains a surveillance site for the [American College Health Association](#) in effort to assess the national impact the flu pandemic has on colleges and universities. Loyola Marymount University continues to follow global, national and local health advisories issued through the World Health Organization (WHO), the Center for Disease Control (CDC), the Los Angeles County Department of Public Health and the American College Health Association.

In terms of severity of flu, the H1N1 pandemic flu continues to be mostly a mild to moderate illness and at this point, it does not appear to be more severe than most cases of seasonal flu. ***However, if you have a chronic medical condition such as asthma, diabetes, cancer, heart, lung and/or an immune system disorder and/or you are pregnant, you may be at greater risk for complications should you have flu or flu like symptoms. Therefore, it is important for you to seek medical advice before you become ill.***

The Student Health Center continues to recommend that residential students who have flu or flu like illness go to a local family member or friend's home to recover from the illness. If the student is not able to go home or to a local friend's residence; then it is recommended that the student stay in their room (i.e., self-isolation). In either case, the student needs to notify a Residence Life staff member that they are ill.

If a student's roommate is ill and not able to leave campus, the SHC recommends that the student stay away from the ill roommate. It is recommended that they pay attention to the possible development of flu or flu like illness over a three day period.

Students, faculty and staff before you travel overseas make yourself aware of the current status of the H1N1 virus in your destination country by going to the [International SOS Web site](#). In some countries, sanitation and hygiene conditions are not up to American standards, nor is the medical care. You should take all of this into consideration before choosing to travel abroad. For additional information, please go to the [Study Abroad Web page](#). Please be aware that the university reserves the right to cancel any LMU-related trip abroad for the safety and security of our students.

For additional information, please see the latest updates, checklists and resources posted on the MYLMU Flu Preparedness site ([click here](#) or sign-in to [MYLMU](#) and search "flu").

Sincerely,

Lane Bove, Ed.D.
Senior Vice President of Student Affairs