



The Instituto Allende is located in San Miguel de Allende, Guanajuato, Mexico. Their web site is:
www.instituto-allende.edu.mx

This is a one-hour bus ride from Leon, and a five-hour bus ride from Mexico City. Aero Mexico has direct flights from Los Angeles to Leon and many carriers fly to Mexico City.

Information about bus travel will be sent after enrollment.

Courses can be taken for graduate or continuing education credit. Tuition includes Spanish instruction and lodging/breakfast.

The Instituto Allende offers instruction in a wide range of arts and crafts including painting, drawing, sculpture, printmaking, photography, ceramics, silver working, batik, weaving, stained glass and much more. In addition to Fine Arts and Crafts studio classes, the Instituto offers a Spanish language program which is one of the finest offered in Latin America.



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LMU | **LA**
Loyola Marymount
University

Art Therapy in México



**GRADUATE DEPARTMENT OF
MARITAL AND FAMILY THERAPY**
www.lmu.edu/mft

Loyola Marymount University

LMU Art Therapy at the Instituto Allende

The Graduate Department of Marital and Family Therapy at Loyola Marymount University has established a collaborative program with the Instituto Allende in San Miguel de Allende, Mexico. This program has multiple intentions:

- to broaden the experiences of LMU students as they temporarily resituate their art therapy training in the arts, language and culture of Mexico,
- to offer expansive continuing education in art therapy to licensed psychotherapists and
- to support the development of art therapy education for Mexican psychotherapists and Mexican mental health agencies.

While obtaining a masters degree in Marital and Family Therapy at LMU, students are strongly encouraged to attend the summer program at which they are able to fulfill degree requirements and broaden their

appreciation for the Mexican culture. The students encounter multicultural concerns and confront their own cultural identity while studying in a foreign country. In this way each participant becomes a more informed clinician and increasingly capable of working with individuals and families from cultures different than their own, most specifically the large Latino population of Southern California. This summer experience, between the first and second year of training, is immeasurable as support for comprehensive clinical competency.

We are very pleased to open our graduate classes in Mexico to licensed psychotherapists who are interested in continuing education credits in art therapy. The exposure to Mexico and its rich artistic traditions is a wonderful context for this learning.

Aware that few opportunities exist for Mexican psychotherapists to receive training in art therapy, we have responded to the Instituto Allende's request to



open our classes to local practitioners. Although not an official certificate program leading to registration with the American Art Therapy Association, we are building a layered sequence of courses so that Mexican nationals can participate in our training on an annual basis and develop their skills with increasing complexity.

Additionally we are in dialogue with the social service agencies of San Miguel de Allende and the local region so both LMU art therapy students and local psychotherapists participating in our training can be supervised while learning to integrate the art therapy processes in their clinical work.

For current course offerings and enrollment information, please see enclosure or visit our website at: www.lmu.edu/mft/mexico or call us at: 310.338.4562.