TEHNIAT MIRZA

1 LMU Drive, University Hall Suite 4711, Los Angeles, CA 90045
tmirza@lmu.edu • 310.338.3701

EDUCATION

Pepperdine University, Los Angeles, CA
Master of Arts, Psychology, May 2010.

Kenyon College, Gambier, OH
Bachelor of Arts, Psychology, May 2006.

AWARDS, HONORS AND AFFILIATIONS

2007 – current	American Psychological Association, Student Affiliate
2008 – current	Psi Chi, Member.
2006	Distinction in the senior exercise for psychology majors, Kenyon College
2002 – 2006	Kenyon College Scholarship 2002-2006.
2004	Award from Kenyon College for outstanding leadership as president of International Students At Kenyon (ISAK, student organization)

PUBLICATIONS & MANUSCRIPTS

Kenney, S. R., **Mirza, T.,** Hummer, J., Lac, A., & LaBrie, J. W. (in review). The influence of parenting styles on adolescents' college adjustment and alcohol risk. *Journal of Adolescence.*

LaBrie, J. W., Atkins, D. C., Neighbors, C. N., **Mirza, T.,** & Larimer, M. E. (in review). Ethnicity specific norms and alcohol consumption among Hispanic/Latino/a and Caucasian students. *Addictive Behaviors.*

LaBrie, J. W., Kenney, S. R., **Mirza, T.,** & Lac, A. (2011). Identifying factors that increase the risk of driving after drinking among college students. *Accident Analysis & Prevention, 43*(4), 1371-1377. doi:10.1016/j.aap.2011.02.011

LaBrie, J. W., Lac, A., Kenney, S. R., & **Mirza, T.** (2011). Protective behavioral strategies mediate the effect of drinking motives on alcohol use among heavy drinking college students: Gender and race differences. *Addictive Behaviors, 36,* 354-361. doi:10.1016/j.addbeh.2010.12.013

Hummer, J. F., Pedersen, E. R., **Mirza, T.** & LaBrie, J. W. (2010). Factors associated with general and sexual alcohol-related consequences: An examination of college students studying abroad. *Journal of Student Affairs Research and Practice, 47*(4), 1-18. doi: 10.2202/1949-6605.6134

Cozolino, L., & **Mirza, T.** (2009). Love becomes flesh: The neurobiology of attachment. *The Counseling Journal of New South Wales, Australia.*

POSTER PRESENTATIONS

LaBrie, J. W., **Mirza, T.,** Kilmer, J., Desai, S., & Prenovost, K. (2011, August). *The role of drinking motives in the relationship between poor mental health and drinking consequences.* Poster presented at the 119th annual convention of the American Psychological Association (APA), Washington D.C.

Kenney, S. R., LaBrie, J. W., & **Mirza, T.** (2011, August). *The use of protective behavioral strategies and reduced alcohol risk: Examining the moderating effects of gender, depressed mood, and anxiety.* Poster presented at the 119th annual convention of the American Psychological Association (APA), Washington D.C.

Mirza, T., Kenney, S. R., LaBrie, J. W., Lac, A., & Wisenberg, G. (2011, April). *Predictors of driving after drinking risk in college students.* Poster presented at the annual convention of the Western Psychological Association for (WPA),

Los Angeles, CA.

LaBrie, J. W., Kenney, S. R., **Mirza, T.** & Lac, A. (2010, November). *Protective behavioral, drinking motives, and alcohol use: the role of gender and race.* Poster presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), San Francisco, CA.

Hummer, J. F., **Mirza, T.,** LaBrie, J. W. & Pedersen, E. R. (2010, August). *Alcohol consumption patterns and negative consequences among students studying abroad.* Poster presented at the 118th annual convention of the American Psychological Association (APA), San Diego, CA.

LaBrie, J. W., Rohrbach, J., **Mirza, T.,** Wisenberg, G., Sanford, A., & Lac, A. (2010, August). *Race specific normative influences differ among Hispanic and Caucasian college student.* Poster presented at the 118th annual convention of the American Psychological Association (APA), San Diego, CA.

Hummer, J. F., LaBrie, J. W., Sessoms, A. E., Lac, A., **Mirza, T.,** & Rohrbach, J. (2010, June). *The role of reflective opposite-sex norms in predicting alcohol use among college students: Exploring Greek and gender effects.* Poster presented at the 33rd annual meeting of Research Society on Alcoholism (RSA), San Antonio, TX.

Ochner, C., Lowe, M., & **Mirza, T.** (2005). *The carbohydrate craze: Implications from current data.* Drexel University, Seventh Annual Research Day.

Ochner, C., Lowe, M., & **Mirza, T.** (2005). *The relationship between calcium and body weight: Recent findings from a study of weight loss maintenance.* Drexel University, Seventh Annual Research Day.

RESEARCH EXPERIENCE

Loyola Marymount University, Heads Up Research Lab
Los Angeles, CA *Research Assistant, September 2009 – current*

- Member of Dr. Joseph LaBrie's research lab.
- Coordinating data collection and management at LMU for a two-site, NIH/NIAAA R01 project, *Social Norms and Skills Training: Motivating Campus Change.*
- Preparing manuscripts, grant applications, presentations and reports.
- Conducting group and individual interventions geared towards alcohol-related harm reduction among LMU undergraduate students.

Pepperdine University, Graduate School of Education and Psychology,
Los Angeles, CA *Research Assistant, September 2008 – May 2010*

- Member of research lab of Dr. Louis Cozolino, Professor of Psychology:
  - Assisted with editing *The Neuroscience of Psychotherapy* (second edition), and conducting literature reviews.
- Teaching Assistant, Fall 2009 and Spring 2010, at the Master's level for:
  - PSY656: Physiological Psychology
  - PSY637: Techniques of Counseling and Psychotherapy
- Worked with Dr. Eric Hamilton, Associate Dean of Education.
  - Conducted literature reviews and assisted in preparation of grant applications.
- Worked with Dr. Doug Leigh, Assistant Professor of Education.
  - Edited invited chapters and prepared a glossary for *Handbook of Improving Performance in the Workplace.*

Cedars-Sinai Medical Center, Department of Psychiatry and Behavioral Neurosciences,
Los Angeles, CA *Volunteer Research Assistant, September 2008 – August 2009*

- Assisted in a randomized, double-blind, placebo-controlled research clinical trial for treatment of alcohol dependence, led by Dr. Jeffrey Wilkins (PI).
- Scored and learnt to administer various cognitive tests and behavioral inventories (*WAIS-III components, Rey-Osterrieth, Complex Trailmaking, CogTest, SCID*) maintained subject information databases, participated in weekly psychiatry Journal Club and treatment team meetings, attended grand rounds seminars, and observed psychiatric evaluations and group therapy.

The Bella Vita, Eating Disorders Outpatient Rehabilitation Program
Los Angeles, CA *Program Assistant, August-December 2006*

- Administered and scored psychological inventories, maintained client progress databases for treatment outcome studies, conducted pre-intake interviews, and participated in treatment team meetings.

Weight and Eating Disorders Research, Department of Psychology, Drexel University.
Philadelphia, PA *Research Assistant, January-May 2005*

- Worked in Dr. Michael Lowe's research group, assisting with two weight loss and maintenance studies: "*Healthy Eating for Life*," and "*Cafeteria Eating Patterns*." Aided survey preparation and data collection and entering; participated in Journal Club and lab meetings.

LANGUAGES

- Fluent in written and spoken Urdu, and spoken Hindi

PSYCHOLOGICAL TESTING

- Trained in administration, scoring and interpretation (at Pepperdine University, for academic purposes only) of the following tests: MMPI-2, WISC-IV, WAIS-IV