How to order a Robeks® smoothie

1. Pick your favorite smoothie
2. Select a size (Junior-12 oz., Regular-24 oz., Large-32 oz.)
3. If you'd like, add a FREE Robeks Nutritional Boost (ask for details)
   Make it **SOY DAIRY FREE** by substituting soy milk or soy sorbet for a little more

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**Nutritional Boosts**

One FREE per smoothie • Add additional boosts for a little more

- **Vita·bek**
  25 essential vitamins & minerals

- **Cardio·bek**
  Cardiovascular support formula with red grape seed extract

- **Whey Protein**
  5 grams of high-performance protein

- **Soy Protein**
  7 grams of vegetarian protein

- **Intelli·bek**
  Supports memory and concentration with ginkgo biloba

- **Kid·bek**
  Essential support for growing kids

- **Fiber·bek**
  Fiber promotes both digestive health and cardiovascular

- **Power·bek**
  Natural energizer with ginseng

- **Immuni·bek**
  Promotes healthy immune response with vitamin C, echinacea & zinc

- **Creatine**
  Optimizes workout performance

- **Trim·bek**
  Chromium and thermogenic herbs to increase metabolism & burn fat

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Take home any of our conveniently packaged premium nutritional supplements.

These products are not intended for use by pregnant or lactating women or if you are under a doctor’s care.
Power Smoothies

Available in 24 & 32 oz. sizes

Venice Burner® 17 G PROTEIN
Optimize metabolism with fresh-squeezed orange juice, peaches, bananas, pineapple sherbet, ice + Trim•bek, Power•bek & Soy Protein

Cardio Cooler™ 17 G PROTEIN
A healthy blend of passionfruit-mango juice, mangos, peaches, orange & pineapple sherbet, ice + Cardio•bek, Fiber•bek & Soy Protein

Robeks MuscleMax™ 20 G PROTEIN
Muscle building blend of cranberry juice, pineapples, blueberries, bananas, raspberry sherbet + Creatine & Whey Protein

Pro Arobek® 30 G PROTEIN
Peak fitness blend of apple juice, bananas, raspberry sherbet, non-fat yogurt, ice + Creatine, Trim•bek & Soy Protein

Robeks Rejuvenator™ ENERGY
A rejuvenating blend of raspberry juice, strawberries, pineapples, raspberry & pineapple sherbet, ice + Vita•bek, Intelli•bek, Power•bek & Soy Protein

Dr. Robeks® 100% PROTEIN
Support immunity with fresh-squeezed orange juice, raspberries, strawberries, raspberry sherbet, ice + Immuni•bek & Vita•bek

Citrus Stinger™ 100% PROTEIN
A blend of fresh-squeezed orange juice, raspberry lemonade, peaches, orange & pineapple sherbet, ice + Vita•bek, Power•bek & Soy Protein

Zen Berry® SOY DAIRY FREE
A holistic blend of fresh-squeezed orange juice, strawberries, bananas, soy sorbet, ice + Vita•bek, Fiber•bek & Immuni•bek
Berry Smoothies

Available in 12, 24 & 32 oz. sizes

- **Strawnana Berry™**
  Apple juice, strawberries, bananas, non-fat yogurt, ice

- **Infinite Orange®**
  Fresh-squeezed orange juice, strawberries, bananas, non-fat yogurt, ice

- **Banzai Blueberry™**
  Fresh-squeezed orange juice, blueberries, strawberries, raspberry sherbet, non-fat yogurt, ice

- **Cranberry Quest™**
  Cranberry juice, blueberries, strawberries, raspberry sherbet, non-fat yogurt, ice

- **Berry Brilliance®**
  Apple juice, blueberries, bananas, raspberry sherbet, non-fat yogurt, ice

- **Raspberry Romance®**
  Raspberry juice, raspberries, strawberries, bananas, non-fat yogurt, ice

- **Hummingbird®**
  Guava juice, mangos, strawberries, bananas, orange sherbet, ice

- **Outrageous Raspberry®**
  Raspberry juice, strawberries, orange sherbet, ice
Tropical Smoothies

Available in 12, 24 & 32 oz. sizes

**Big Wednesday®**
Papaya juice, strawberries, peaches, bananas, orange sherbet, pineapple sherbet, ice

**Mahalo Mango®**
Papaya juice, mangos, pineapple sherbet, non-fat yogurt, ice

**South Pacific Squeeze®**
Fresh-squeezed orange juice, strawberries, pineapples, bananas, pineapple sherbet, ice

**Piña Koolada™**
Papaya juice, pineapples, bananas, coconut, pineapple sherbet, non-fat yogurt, ice

**Passionfruit Cove®**
Passionfruit-mango juice, strawberries, peaches, pineapple sherbet, ice

**Guava Lava™**
Guava juice, pineapples, strawberries, bananas, pineapple sherbet, ice

**Polar Pineapple™**
Papaya juice, strawberries, pineapples, pineapple sherbet, ice

**Malibu Peach™**
Papaya juice, peaches, non-fat yogurt, ice
Exotic Smoothies

Awesome Açaí™
Rejuvenate with the Amazon superfruit in our blend of Açaí juice, raspberries, bananas, raspberry sherbet, non-fat yogurt and ice

Pomegranate Passion™
A tangy blend of pomegranate juice, strawberries, non-fat yogurt and ice

Açaí Energizer™
Energize with the Brazilian blend of Açaí juice, strawberries, blueberries, pineapple sherbet, non-fat yogurt, ice + Power•bek & Soy Protein

Pomegranate Power™
A blend of natural antioxidants with pomegranate juice, strawberries, blueberries, raspberry sherbet, non-fat yogurt, ice + Power•bek, Cardio•bek & Soy Protein

Energy Bowls

Açaí Energy Bowl™
Energize your day with 3.5 oz. of Açaí, apple juice, blueberries, bananas, topped with fresh banana slices and organic granola

Super Açaí Bowl™
Brazil’s best blend of 7 oz. of Açaí, apple juice, bananas, topped with fresh banana slices and organic granola

Acerola Cherry Bowl™
Vitamin C powerhouse blend of 3.5 oz. of acerola cherry, papaya juice, mangos, pineapples, topped with fresh banana slices and organic granola
Wholesome Sandwiches
A Robeks Gourmet Sandwich is made with premium breads, lean meats and fresh vegetables that provide a great tasting, nutritionally balanced meal.

Garden Fresh Salads
Specialty salads are always in season at Robeks. You’ll find a variety of crisp, delicious choices to satisfy every taste. Let us freshly mix one of our reduced fat or organic dressings with your salad for a mouth-watering meal.

Hot Soups (12 oz. bowl) Seasonal
Healthy, hearty, hot soups are cooking at Robeks. We use only the finest natural ingredients and seasonings to provide a wholesome soup that will warm up your day.

Gourmet Pretzels
Our Gourmet Pretzels are stuffed with natural fillings to provide a unique and delectable snack. They’re low in fat and salt - and high in taste. A great snack, anytime.

Power Muffins
Robeks Power Muffins are perfect as a quick energy boost. High in protein and low in fat, they’re a great addition to any smoothie or juice.

Power Cookies
Yes, you can have sweets without the guilt. All natural and high in protein, Robeks Power Cookies are a delicious snack when you’re on the go.
Fresh Juices
Available in 12, 24 & 32 oz. sizes

Apple or Orange or Carrot
Add apple, banana, beet, carrot, celery, ginger, orange or spinach for a little more.

Raspberry Lemonade

ABC® apple + beet + carrot

G-Snap™ carrot + orange + ginger

Green-V™ carrot + celery + spinach

Monkey-C™ orange + banana

Power Shots

1 or 2 oz.
Green Tea Shots™
Fat Burner, Energy or Immunity

1 or 2 oz.
Organic Wheatgrass
Add a 5 oz. O.J. chaser for a little more