

# Grinder

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## Breakfast

### Eggs, Eggs, Eggs

If You Feel Extra Hungry Today, Have An Extra Egg On Us It's Free with The Following Breakfasts.

Chicken Fried Steak & Eggs Tender beef in seasoned batter, covered with country gravy and served with two eggs, hash brown potatoes and biscuits and gravy.

Traditional Breakfasts Two eggs, hash brown potatoes and your choice of toast or two pancakes or Thomas' English Muffin.

Eggs Benedict Two poached eggs and our savory sliced ham on a Thomas' English Muffin, topped with hollandaise sauce and served with hash brown potatoes.

Corned Beef Hash & Eggs Corned beef hash served on a Thomas' English Muffin, topped with two poached eggs and grated cheddar cheese. Served with hash brown potatoes.

Buenos Dias Quesadilla A flour tortilla stuffed with a tasty combination of scrambled eggs, mild green chiles, pepperjack cheese and lots of fresh spinach, tomatoes, cilantro and salsa. Served with hash brown potatoes.

Chorizo & Eggs Lean Mexican chorizo sausage sautéed with green onions, bell peppers, cilantro, tomatoes, green chiles and eggs, topped with cheddar cheese. Served with hash brown potatoes, flour tortillas and salsa.

### Skillet Breakfasts

Fresh Vegetable Skillet Fresh broccoli and spinach with garden vegetables sautéed with scallions, bell pepper, tomato, cilantro and hash brown potatoes. All topped with cheddar cheese and two eggs. Served with fresh salsa and choice of toast, warm flour tortillas or a Thomas' English Muffin.

Chicken Skillet Chicken sautéed with fresh tomato, green onions, diced bell pepper, cilantro and hash brown potatoes. All topped with cheddar cheese and two farm fresh eggs. Served with salsa and choice of toast or warm flour tortillas.

Country Skillet Made with ham, bacon, sausage, green onion, bell pepper, fresh tomato, cilantro and hash brown potatoes topped with cheddar cheese and two eggs. Served with salsa and choice of Toast or Thomas' English Muffin.

### Omelettes

Served with Hash Browns and Choice of Toast, Pancakes (2) or Thomas' English Muffin. Add Double Tost, Double Pancakes, or Double Hash Browns.

Country Omelette Made with sausage, bacon, ham and grated cheddar cheese.

California Omelette Three egg omelette with grated cheddar cheese, salsa and slices of fresh avocado.

Denver Omelette Filled with diced ham, onions, bell pepper and grated cheddar cheese.

Grinder "best Bets" Having trouble deciding? We've picked out a few of our favorites.

Fresh Spinach and Mushroom Omelette Fresh sautéed mushrooms, onions, Swiss cheese and served with lots of fresh spinach.

Grinder Gourmet Omelette Begin with our basic three egg omelette and your choice of American, Swiss or cheddar cheese.

Create your own gourmet combination with any of these ingredients. Fresh Mushrooms - Fresh Avocado - Diced Tomatoes Diced Bell Pepper - Mild Green Chiles - Extra Cheese Link Sausage - Bacon - Diced Ham - Chili & Beans Fresh Spinach - Pepperjack Cheese

### Griddle Favorites

Belgian Waffle Baked fresh and crisp daily. Available with fresh strawberries (in season) and whipped topping.

Belgian Waffle Combo Fresh Belgian Waffle served with two eggs and two strips of bacon.

Pancake Specials Sorry, no substitutions on specials. Four pancakes, two eggs and your choice of...

#1 Two Bacon Strips or Two Sausage Links.  
#2 Two Turkey Sausage Patties.  
#3 Two Sausage Links and Two Bacon Strips.  
#4 Two Turkey Sausage Patties and Two Strips of Bacon.

### Grinder Combos

#1 Lite Start One egg, two link sausages, choice of toast or Thomas' English Muffin and coffee or tea.

#2 Breakfast Croissant A fluffy croissant filled with a blend of savory ham, scrambled eggs and mild cheddar cheese. Served with fresh fruit and coffee or tea.

#3 Diced Ham Scramble A flavorful mix of diced ham and scrambled eggs, served with hash brown potatoes, choice of toast or Thomas' English Muffin and coffee or tea.

#4 Cereal Combo Quaker oatmeal or cold cereal served with choice of toast or Thomas' English Muffin and coffee or tea.

#5 Low Cholesterol Combo\* Cholesterol-free Egg Beaters scrambled with diced tomato and green onions. Served with fresh seasonal fruit, choice of toast or Thomas' English Muffin and coffee or tea.

\*When served with toast or Thomas' English Muffin using Promise Spread instead of butter.

### Breakfast Sides

Fresh Seasonal Fruit Ask for today's selection.  
Oatmeal With low-fat milk and raisins.  
Cold Cereal With low-fat milk.

Short Stack Four pancakes.  
Hash Brown Potatoes.  
Ham.

Bacon or Sausage Four strips or links.  
Hamburger Patty One patty.  
Available with One Egg.  
Available with Two Eggs.

### Bakery Basket

Fluffy Croissant.  
Two Biscuits & Gravy.  
English Muffin.

Bagel & Cream Cheese.  
Toast.

For Our Health-conscious Guests, We Fry Cholesterol-free Using Premium All-vegetable Oils. You May Also Substitute Egg Beaters Cholesterol-free Egg Alternative On Most Egg Dishes. Promise Spread Is Served Unless Butter Is Requested. Reduced Calorie Salad Dressing, Low-fat Milk, Cottage Cheese and Equal Sweetener Are Available.

### Beverages

All Natural Orange Juice.  
Apple Juice.  
Fresh Brewed Coffee Decaffeinated or Regular.  
Hot Tea.  
Hot Chocolate.

Low-fat Milk.

### Starters

Great for Sharing or As An Accent to Any Meal.

Chicken Fingers Hand breaded and fried crispy. Served with French fries and ranch dressing for dipping.

Natural-cut French Fries A large platter of crisp, golden French fries.

Spicy French Fries A platter of waffle cut crispy coated fries with natural seasonings and spices.

Chili Fries Served on a large platter with cheddar cheese.

Onion Strings Fresh onions thinly sliced, lightly coated and French fried until crisp and golden brown.

Spicy Hot Wings Deep fried and served with celery sticks, green onion, and cool ranch dressing.

### Soups & Such

Satisfying Soups and Chili, In Popular Combos or A La Carte.

Half Caesar and Soup Crisp Romaine tossed with a creamy Caesar dressing, tomato wedges, croutons and grated parmesan cheese. Served with your choice of vegetable soup or soup of the day or a cup of our turkey chili and be.

Fresh Vegetable Soup From our chef's special recipe. Served in beef broth with crackers. Add a cup of Soup or grilled dinner bread.

Chili and Beans Made with ground turkey. Add grated cheddar cheese. Add grilled dinner bread.

Soup 'n Salad combination Soup of your choice and a mixed salad topped with finely diced vegetables. Includes complimentary refills.

Chef's Soup of the Day Selection varies daily. Clam Chowder available on Fridays. Add grilled dinner bread.

### Crisp Salads

Served with Grilled Dinner Bread.

Cobb Salad Crisp greens topped with turkey, blue cheese chunks, bacon, mushrooms, cheddar cheese, tomato, avocado, green onion and chopped egg.

Oriental Chicken Salad Tender chicken, crisp won ton strips, sliced almonds, fresh tomato and carrots with Oriental dressing on shredded lettuce.

Fried Chicken Salad Fried chicken strips, cheddar cheese, crispy bacon, tomato, Bermuda onion and chopped egg on a crisp green salad.

La Concha A giant tortilla shell filled with your choice of seasoned ground beef or grilled chicken, cheddar cheese, fresh avocado, tomato wedges, green onion, zesty chile salsa and sour cream.

Southwest Chicken Salad Spicy chicken with crisp onion strings, diced tomatoes, fresh avocado, pepperjack cheese, bell pepper and red and green onions on a bed of shredded lettuce. Cool fresh salsa-ranch dressing on the side.

Tossed Green Dinner Salad Add grilled dinner bread.  
Chicken Caesar Our most popular Caesar - seasoned chicken breast tenderloins with our crisp Romaine lettuce, tossed with creamy Caesar dressing. Also Cajun Chicken Caesar.

Caesar Salad Crisp Romaine tossed with a creamy Caesar dressing, croutons and grated parmesan cheese. Comes garnished with tomato wedges, green onion and bell pepper.

### Sandwiches

Served with a Choice of Natural-cut French Fries or Fresh Fruit In Season. May Be Substituted with Our Spicy Fries. Add a Cup of Soup or Salad.

The Club A triple decked sandwich, served on whole wheat toast with breast of turkey, bacon, tomatoes, lettuce and mayonnaise.

Croissant Deluxe Ham, turkey, bacon and melted cheddar cheese on a fluffy, warm croissant with lettuce, tomato and mayonnaise.

Chicken Sandwich Chicken breast tenderloins, grilled and served on a hamburger bun with our Grinder special sauce.

Soup 'n Salad 'n Sandwich Bowl of soup or tossed green salad served with half sandwich: BLT, Tuna Delight, Tuna Melt, Grilled Ham & Cheese, Turkey Ham & Cheese.

Cajun Chicken Sandwich Grilled chicken breast tenderloins seasoned with cajun spices. Served on a hamburger bun with lettuce, tomato and mayonnaise. Have it with cheese.

B.L.A.S.T. A BLT with class! Bacon, lettuce, tomato, avocado, sliced turkey breast and our Grinder special sauce on dinner bread.

Tuna Delight Chunky white Albacore tuna served on sourdough bread with crisp lettuce and sliced tomato.

### Signature Melts

Served with a Choice of Natural-cut French Fries or Fresh Fruit In Season. May Be Substituted with Our Spicy Fries. Add a Cup of Soup or Salad.

Santa Fe Melt Pepperjack cheese, fresh tomato on grilled sourdough bread. Add avocado.

Southwest Chicken Melt Thick sliced sourdough bread grilled with pepperjack cheese, mild green chiles, fresh sliced tomatoes, seasoned chicken breast tenderloins and a special sauce.

Tuna Melt Made with chunky white Albacore tuna served on grilled sourdough bread with melted cheddar cheese.

Turkey Melt Served on thick sliced sourdough bread with melted cheddar cheese, tomato, mild green chiles and sliced turkey breast.

### California Flavors

Served with a Choice of Natural-cut French Fries or Fresh Fruit In Season. May Be Substituted with Our Spicy Fries. Add a Cup of Soup or Salad.

Fresh Avocado and Turkey Sandwich A California favorite. Fresh avocado, all white breast of turkey served on dinner bread with lettuce, sliced tomatoes and our Grinder special sauce.

Stuffed Quesadilla A flour tortilla stuffed with cheddar cheese, grilled chicken, onions, mild green chiles and cilantro.

Served with fresh salsa and sour cream.

Chicken Tacos Two chicken tacos with flour tortillas filled with lettuce, tomato, grated cheddar cheese, salsa, onions and cilantro.

California Vegetarian Fresh avocado, two slices of Swiss cheese, sliced tomatoes, crisp lettuce and our Grinder special sauce, served on dinner bread.

Fresh Spinach Quesadilla Sautéed mushrooms, scalions and coarsely cut leaves of fresh spinach with pepperjack cheese, mild green chiles and chopped tomato. Served with fresh salsa and sour cream.

Grinder "best Bets" Having trouble deciding? We've picked out a few of our favorites.

### Classic Burgers

Grilled Lean 100% Ground Beef, Approximately 1/3 lb Before Cooking. We Also Proudly serve Lean 100% Buffalo Meat or The Meatless Gardenburger: all Burgers Cooked Medium Well. Add a Cup of Soup or Salad. Pepperjack Cheese Available.

Heavenly Hamburger Served on a grilled hamburger bun. Add cheese. Add French fries or fresh fruit.

Grinder's Tradition Our Heavenly Cheeseburger, served with a cup of soup or salad and choice of French fries or fresh fruit.

Patty Melt Served on grilled rye bread with grilled onions and melted cheddar cheese, with French fries or fresh fruit.

Grilled Sourdough Burger With cheddar cheese, crisp bacon, grilled onions, sliced tomatoes and thousand island dressing. Comes with fresh fruit or our spicy fries.

Gardenburger A savory meatless patty topped with lettuce, tomato, pickle, and our Grinder special sauce. Served with French fries or fresh fruit.

Buffalo Burger Made from 100% buffalo meat. Served with our special Grinder sauce, grilled onions, lettuce, tomato, pickle and our spicy fries. Add cheese.

Teriyaki and Mushroom Burger Ground beef patty glazed with teriyaki sauce, sautéed fresh mushrooms and onions, with French fries or fresh fruit.

Ground Pepper Burger 100% ground beef hamburger crusted with coarse ground black pepper. Served on a grilled bun and topped with deep-fried onion strings, lettuce, tomato and a special zesty sauce. Choice of French fries.

Bacon Burger Crisp bacon strips on our American cheeseburger with French fries or fresh fruit. "California Style" with avocado slices available.

Chili Size Served piping hot with turkey chili and beans. Covered with cheddar cheese.

Ortega Burger Topped with pepperjack cheese and mild green roasted chiles. Served with French fries or fresh fruit.

### Gourmet Half Pound\* Burgers

All of Our Gourmet Burgers Are served On a Bun with Two Slices of Tomato, Lettuce, Pickles and Red Bermuda Onions. (\*Half Pound Before Cooking). All Burgers Cooked Medium Well.

Heavenly Giant A full 1/2 lb. of ground beef with melted American cheese and choice of French fries or fresh fruit.

Double Buffalo Half pound of lean 100% buffalo meat with grilled onions, our Grinder special sauce and choice of French fries, or fresh fruit. Add cheese.

Monster Bacon Burger Half pound burger with crisp bacon strips and American cheese. Choice of French fries or fresh fruit. California Style\* with avocado slices available.

Vegetable Turkey Burger A delicious array of fresh vegetables have been blended with seasoned ground turkey for the perfect combination with our Grinder special sauce and choice of French fries or fresh fruit.

### Americana Dinner

Served with a Bowl of Soup or Tossed Green Salad and Choice of Natural-cut Fries, Rice, Mashed Potatoes and Gravy or Baked Potato (4 to 9 P.m.). Fresh Vegetables and Grilled Dinner Bread. Pasta Entree served with Your Choice of Soup or Salad and Garlic Cheese Bread Only.

Old-fashioned Meatloaf Our own special oven baked recipe! Seasoned ground beef, turkey, fresh vegetables and more. Topped with a rich brown gravy.

Roast Turkey Slices of turkey breast served over old-fashioned corn bread stuffing with turkey gravy and cranberry sauce.

Chicken Fried Steak Tender beef dipped in a seasoned batter, fried to a golden brown and topped with a creamy country gravy.

Ground Turkey Steak An array of finely chopped fresh vegetables mixed with seasoned ground turkey grilled to perfection and topped with fresh sautéed mushrooms, onions and bordelaise sauce.

Grilled Liver and Onions A generous portion of tender liver topped with fresh sautéed mushrooms and onions.

Yankee Pot Roast Choice beef roast cooked slowly till tender, served with fresh sautéed mushrooms, onions and bordelaise sauce. A traditional favorite.

Spaghetti Pasta delicately blended with a hearty meat sauce and onions. Comes with garlic cheese bread.

### Steaks

Served with a Bowl of Soup or Tossed Green Salad and Choice of Natural-cut Fries, Rice, Mashed Potatoes and Gravy or Baked Potato (4 to 9 P.m.). Fresh Vegetables and Grilled Dinner Bread.

Great Steak Break An 8 oz "juicy USDA Choice sirloin steak, marinated and topped with our fresh deep-fried onion strings. \*Before cooking.

Mixed Grill Petite sirloin steak topped with our fresh deep-fried onion strings and served with two favorites, teriyaki chicken and golden fried shrimp.

Cajun Sirloin Our famous USDA Choice sirloin steak, seasoned New Orleans style. Topped with our fresh and crispy deep-fried onion.

Mushroom Sirloin USDA Choice sirloin topped with fresh sautéed mushrooms and onions.

### Chicken

Served with a Bowl of Soup or Tossed Green Salad and Choice of Natural-cut Fries, Rice, Mashed Potatoes and Gravy or Baked Potato (4 to 9 P.m.). Fresh Vegetables and Grilled Dinner Bread.

Teriyaki Chicken Boneless and skinless chicken breast tenderloins glazed with teriyaki and grilled to perfection.

Chicken and Broccoli Alfredo Fresh broccoli and chicken breast tenderloins tossed in a rich creamy sauce with linguine pasta.

Angel Hair Pasta Chicken breast tenderloins sautéed in a garlic butter sauce with mushrooms, tomatoes, and sliced almonds, then gently blended together with angel hair pasta and topped with parmesan cheese.

Fried Chicken Fingers Tender white meat of chicken breast tenderloins breaded and fried to a crispy golden brown. Served with ranch dressing for dipping.

### Seafood

Served with a Bowl of Soup or Tossed Green Salad and Choice of Natural-cut Fries, Rice, Mashed Potatoes and Gravy or Baked Potato (4 to 9 P.m.). Fresh Vegetables and Grilled Dinner Bread. Pasta Entree served with Your Choice of Soup or Salad and Garlic Cheese Bread Only.

Fish 'n Chips A generous portion, fried to a crisp golden brown and served with tartar sauce and lemon. A sure favorite!

Shrimp Feast 12 plump gourmet shrimp fried to a golden brown, served with cocktail sauce and lemon.

Seafood Combo \* A tasty combination of golden fried fish and shrimp. Served with cocktail and tartar sauce.

Filet of White Fish Cold-water ocean fish mild in flavor and superior in texture and color. Grilled just right and served with tartar sauce and wedge of lemon.

### Beverages

Trying to Cut Back On Caffeine? or Just In The Mood To Try Something Different? Our Tropical Iced Tea Is Herbal, Uniquely Refreshing and Caffeine Free!

All Natural Orange Juice.  
Hot Herbal Tea.  
Hot Tea.  
Apple Juice.  
Hot Chocolate.  
Low-fat Milk.

Free Refills On The Following: Lemonade.  
Tropical Iced Tea Caffeine free herbal blend of hibiscus, rose hips, dried apples, lambada of Brazil, orange peel and strawberry leaves.

Soft Drinks.  
Freshly Brewed Coffee Regular or Decaf.

### Desserts

We Proudly serve Dreyer's! No Room for Dessert? Our Carrot Cake Is Incredible and Great to Take Home for Later.

New York Cheesecake The cheesecake lover's delight ... A rich creamy slice of mouth-watering cheesecake on a delicious crumb crust Can be topped with strawberries (fresh in season).

Heavenly Mud Pie Mocha almond fudge ice cream layered with rich fudge on an Oreo cookie crust. Topped with whipped cream and chocolate slivers! Irresistible!

Our Famous Ice Cream Sundae Your choice of strawberry, chocolate, or hot fudge. Smothered over French vanilla ice cream, heaped with whipped topping, a cherry and sprinkled with Oreo crumbs.

Carrot Cake\* The carrot cake lover's dream... Two layers of rich, moist cake packed with pineapple, walnuts, and raisins. Finished with a delicious cream cheese icing.

Apple Pie Fresh from the oven! Add warm with a generous scoop of Dreyer's French vanilla ice cream.

A Scoop of French Vanilla Ice Cream Add Oreo crumbs.

Old-fashioned Milk Shake Oreo Cookie, chocolate, strawberry or vanilla shake made the old-fashioned way. Topped with french whipped topping and a cherry.

### Specialty Coffee Beverages

Where Available

Cappuccino (16 Oz.) Espresso, steamed milk & froth...  
Café Latte (16 Oz.) Espresso, steamed milk & froth...  
Café Mocha (16 Oz.) Espresso, steamed milk, froth & chocolate.

Iced Cappuccino (16 Oz.) Espresso over ice and milk...  
Café Americana (16 Oz.) Espresso & regular coffee...  
Espresso Add Vanilla or Chocolate flavoring to any coffee.



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